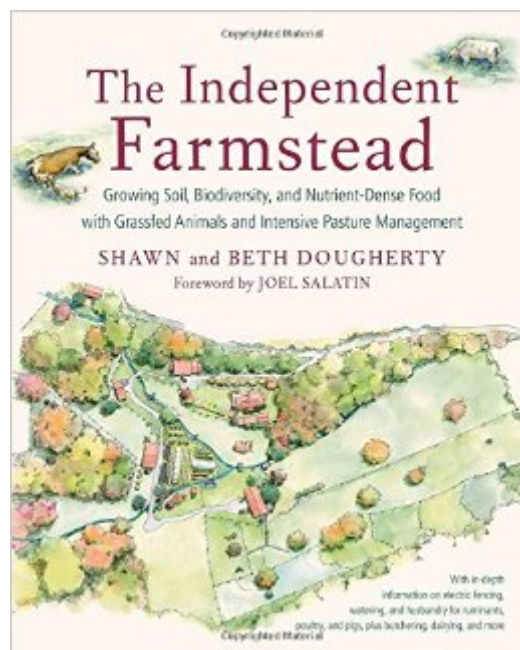


The book was found

# The Independent Farmstead: Growing Soil, Biodiversity, And Nutrient-Dense Food With Grassfed Animals And Intensive Pasture Management



## Synopsis

With in-depth information on electric fencing, watering, and husbandry for ruminants, poultry, and pigs, plus butchering, dairying, and more — if we work hard, we sleep well. — Twenty years ago, when authors Shawn and Beth Dougherty purchased the land they would come to name the Sow™s Ear, the state of Ohio designated it — not suitable for agriculture. — Today, their family raises and grows 90% of their own food. Such self-sufficiency is largely the result of basing their farming practices around intensive pasture management. Pioneered by such luminaries as Allan Savory, Greg Judy, and Joel Salatin, the tenets of holistic grazing — employed mostly by larger-scale commercial operations — have been adapted by the Doughertys to fit their family™s needs. In *The Independent Farmstead*, *The Sow™s Ear* model for regenerating the land and growing food — the best you ever tasted — is elucidated for others to use and build upon. In witty and welcoming style, *The Independent Farmstead* covers everything from choosing a species of ruminant and incorporating it into a grass-based system to innovative electric fencing and watering systems, to what to do with all of the milk, meat, and, yes, manure that the self-sustaining farm produces. Within these pages, the Doughertys discuss how to: Find and improve poor, waste, or abused land and develop its natural water resources; Select and purchase the appropriate ruminant for regenerating your farmstead; Apply fencing strategies and pasture management basics; Implement basic, uncomplicated food processing, including large and small animal butchering and cheese making; and Integrate grass, gardens, and livestock to minimize or eliminate the need for off-farm inputs. As the Doughertys write, more and more people today are feeling — the desire for clean, affordable food, unmodified, unprocessed, and unmedicated and the security of local food sourcing for ourselves and our children. — *The Independent Farmstead* is a must-have resource for those who count themselves as part of this movement: both new and prospective farmers and homesteaders, and those who are interested in switching to grass-based systems. Best of all it™s the kind of rare how-to book that the authors themselves view not as a compendium of one-size-fits-all instructions but as — the beginning of a conversation, — one that is utterly informative, sincere, and inspiring.

## Book Information

Paperback: 336 pages

Publisher: Chelsea Green Publishing (September 7, 2016)

Language: English

ISBN-10: 1603586229

ISBN-13: 978-1603586221

Product Dimensions: 7.9 x 0.9 x 9.8 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #22,469 in Books (See Top 100 in Books) #1 in Books > Science & Math > Agricultural Sciences > Agronomy #3 in Books > Science & Math > Agricultural Sciences > History #15 in Books > Science & Math > Agricultural Sciences > Sustainable Agriculture

[Download to continue reading...](#)

The Independent Farmstead: Growing Soil, Biodiversity, and Nutrient-Dense Food with Grassfed Animals and Intensive Pasture Management Year-Round Indoor Salad Gardening: How to Grow Nutrient-Dense, Soil-Sprouted Greens in Less Than 10 days Nutrient Requirements of Dogs (Nutrient Requirements of Domestic Animals) The Everything Guide to the MIND Diet: Optimize Brain Health and Prevent Disease with Nutrient-dense Foods Certification and Core Review for Neonatal Intensive Care Nursing, 4e (Watson, Certification and Core Review for Neonatal Intensive Care Nursing) Rogers' Handbook of Pediatric Intensive Care (Nichols, Rogers Handbook of Pediatric Intensive Care) Routledge Intensive German Course (Routledge Intensive Language Courses) The Soil Will Save Us: How Scientists, Farmers, and Ranchers Are Tending the Soil to Reverse Global Warming Soil Physics with Python: Transport in the Soil-Plant-Atmosphere System The Food Service Professional Guide to Controlling Restaurant & Food Service Food Costs (The Food Service Professional Guide to, 6) (The Food Service Professionals Guide To) Cherry Hill's Horse Care for Kids: Grooming, Feeding, Behavior, Stable & Pasture, Health Care, Handling & Safety, Enjoying Growing Marijuana: Box Set: Growing Marijuana for Beginners & Advanced Marijuana Growing Techniques The Real Goods Independent Builder: Designing & Building a House Your Own Way (Real Goods Independent Living Books) Working With Independent Contractors (Working with Independent Contractors: The Employer's Legal Guide) American Farmstead Cheese: The Complete Guide To Making and Selling Artisan Cheeses The Farmstead Egg Guide & Cookbook Seed, Soil, Sun: Earth's Recipe for Food Teaming with Microbes: The Organic Gardener's Guide to the Soil Food Web, Revised Edition (Science for Gardeners) The Food Service Professional Guide to Controlling Restaurant & Food Service Operating Costs (The Food Service Professional Guide to, 5) (The Food Service Professionals Guide To) Eat to Live Cookbook: 200 Delicious Nutrient-Rich Recipes for Fast and Sustained Weight Loss, Reversing Disease, and Lifelong Health

[Dmca](#)